

This year, thousands of youth across Canada will secure jobs in small and medium-sized businesses, and at institutions such as hospitals and schools.

Young people will have job opportunities to work in areas currently needing additional support, including the sports, recreation and fitness industries, marketing and public relations sectors, landscaping and farm labor, food industries, policy researchers, tech occupations in business development, and work in social and community services.

It is important for young Canadians to be aware of health and safety issues in the workplace, especially as they begin their summer jobs. Both employers and employees have responsibilities when it comes to health and safety in the workplace.





WHY HEALTH AND SAFETY AWARENESS IS IMPORTANT?

- Proper training is vital for your safety.
- It could save your life!
- It could prevent you and your co-workers from getting injured.
- You need to be aware of potential hazards in the workplace.
- You need to help others become aware.
- You need to know what protection and compensation is available to you.

MYTHS AND REALITIES

- In 2019, 29 workers aged 15 to 24 died in Canadian workplaces.
- I can handle anything. I'm young and fit. Approximately 12% of all occupational injuries resulting in time away from work involve workers between the ages of 15 and 24.
- Nothing will happen to me. I'm safe at work. More people are injured on the job than in traffic accidents.
- I must do any job my employer tells me to do. You have the right to refuse unsafe work.
 - I am not responsible for workplace safety. This is my employer's responsibility. Both employers and employees are responsible for knowing and complying with workplace procedures and any legislation that applies.

YOU HAVE THREE FUNDAMENTAL RIGHTS

- The right to know what hazards are present on the job.
- The right to participate in health and safety activities.
- The right to refuse unsafe work.

EMPLOYER AND EMPLOYEE RESPONSIBILITIES

Employer responsibilities:

- To provide a safe and healthy workplace;
- To train employees on potential hazards and to ensure employees have the required certification;
- To correct unsafe actions and conditions;
- To ensure protective equipment is available and being used; and
- To report and investigate all accidents and incidents.

Employee responsibilities:

- To know and comply with all regulations;
- To protect themselves, their co-workers, and members of the public who may be affected by their actions;
- To report unsafe actions and unsafe conditions to their employers;
- To use protective equipment as required by the employer in a safe way; and
- To report immediately any accident, incident, or illness to their employers.

Observation, learning, and experience are key to recognizing potential safety hazards in the workplace!

For more information on health and safety in the workplace, visit the Canadian Centre for Occupational Health and Safety (CCOHS) at www.ccohs.ca/youngworkers

Sources:

- Labour Force Historical Review, Statistics Canada:
 www.statcan.gc.ca
- Canadian Centre for Occupational Health and Safety (CCOHS): www.ccohs.ca/youngworkers
- National Work Injury Statistics Program (NWISP), Association of Workers' Compensation Boards of Canada: www.awcbc.org

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